

Thanksgiving to God!

五謝詞

謝天主！生我、養我之恩！

謝天主！降生救贖之恩！

謝天主！賜我進教、引我升天之恩！

謝天主！赦罪之恩！

謝天主！從生至今，無數之恩！

希望大家能每天頌念，以表達對天主的感謝！

Thanksgiving to God

On this beautiful Thanksgiving Day,
May this time of fellowship be good,
And may we all remember to pray,
With thanks - giving for all the food
And the many blessings of this day.
And may we be in a thanks - giving mood.
Thanks - giving for the miracle of birth,
Thanks - giving for the blessings of life,
Thanks - giving for the sky, sea and earth,
Thanks - giving for help in times of strife,
Thanks - giving for laughter and myrth,
Thanks - giving for eternal life.

Theme Sharing

28th Sunday in Ordinary Time

We in the developed world pride ourselves in having the best democratic system in human history, a claim which indeed is debatable. We rightly individual freedom and liberty, the right to choose freely. Yet how often people are swayed by pressure groups and show no scruples about inflicting hardship and curtailment of their liberties on others, in order to gain our own ends. We do not suffer dictators gladly but sometimes we want to dictate God, make God do things our way, acquiesce to our wishes or leave us masters of our own destiny. There are some who abandon faith and prayer, because God has not granted their requests. This was the inclination of Naaman the leper, the army commander of the King of Syria, as he bargained with God. Hoping to be cured of his leprosy by prophet Elisha, Naaman arrived laden with gifts of silver and gold, to pay for his cure. The prophet did not even come out to meet him, but only sent a message telling him to wash seven times in the river Jordan. This left Naaman deeply offended and disappointed and he prepared to return to Syria, raging. Why wash in this

particular river, when there were so many bigger and cleaner rivers at home? "Here was I thinking Elisha would cure the leprous part," he said, fuming.

Things had not gone as he had planned. It was only when his servants pointed out how simple was the prophet's request that he was persuaded to try it and so was cured. Come to think of it, how often do we behave like Naaman. "Why do I have to go to church, when I can worship God out in the open air on Sundays?" "Why do I have to confess my sins to a priest, when I can tell them directly to God?" "Why does God send me the cross of sickness, when I could do so much good if I were healthy?" We even find such attitudes among our Lord's disciples. "Why do you not show us the Father?" Philip said to him. Some complained, "He says intolerable things and how could anyone accept it?" and they walked with him no more. This reaction of unbelief is often found. But it stands to Naaman's credit that he thought again, was cured and then returned to thank Elisha. The way we think is often not God's way. Things happen in God's own time and way. We need to make an act of faith on God's conditions, not on ours. We must cease regarding God as a kind of super-puppet who will react in the desired way when we pull the right strings. When we need a favour, the Gospel reminds us to ask with prayer and thanksgiving, because God answers every prayer for help, even if not precisely in the way we imagine, since God only grants what is for our good. Our habit should be to thank God from the heart, like Naaman after his cure, like the grateful leper who returned to express appreciation of God's gift. There is a sadness in the failure of the other nine to say a personal "thank you," for what Jesus had done for them.

As Shakespeare wrote in King Lear, "How sharper than a serpent's tooth it is to have a thankless child." The Eucharist we celebrate here is a reminder never to forget God's greatest gift to us, his own Son, our Saviour. If we concentrate too much on asking for things, there is a danger that we may reduce our Mass to the level of magical thinking, a way of turning God to our way of thinking. How much better if we can open our hearts and our lives to whatever God wants for us, which is sure to be the best that can happen

to us in the long run.

News & Others

2016 World Mission Sunday Message : Missionary Church, Witness of Mercy

The Extraordinary Jubilee of Mercy, which the Church is celebrating, casts a distinct light on World Mission Sunday 2016: it invites us to consider the *missio ad gentes* as a great, immense work of mercy, both spiritual and material. On this World Mission Sunday, all of us are invited to "go out" as missionary disciples, each generously offering their talents, creativity, wisdom and experience in order to bring the message of God's tenderness and compassion to the entire human family. By virtue of the missionary mandate, the Church cares for those who do not know the Gospel, because she wants everyone to be saved and to experience the Lord's love. She "is commissioned to announce the mercy of God, the beating heart of the Gospel" and to proclaim mercy in every corner of the world, reaching every person, young or old. When mercy encounters a person, it brings deep joy to the Father's heart; for from the beginning the Father has lovingly turned towards the most vulnerable, because his greatness and power are revealed precisely in his capacity to identify with the young, the marginalized and the oppressed. He is a kind, caring and faithful God who is close to those in need, especially the poor; he involves himself tenderly in human reality just as a father and mother do in the lives of their children. When speaking of the womb, the Bible uses the word that signifies mercy: therefore it refers to the love of a mother for her children, whom she will always love, in every circumstance and regardless of what happens, because they are the fruit of her womb. This is also an essential aspect of the love that God has for all his children, whom he created and whom he wants to raise and educate; in the face of their weaknesses and infidelity, his heart is overcome with compassion. He is merciful towards all; his love is for all people and his compassion extends to all creatures. Pope Francis

Details at the Vatican website

Saints Quotes

October 10 – Monday

In all created things discern the providence and wisdom of God, and in all things give him thanks.-

St. Teresa of Avilla

October 11– Tuesday

Consult not your fears but your hopes and your dreams. Think not about your frustrations, but about your unfulfilled potential. Concern yourself not with what you tried and failed in, but with what it is still possible for you to do. -St. John XXIII

October 12– Wednesday

During painful times, when you feel a terrible void, think how God is enlarging the capacity of your soul so that it can receive him-making it, as it were, infinite as he is infinite. Look upon each pain as a love token coming to you directly from God in order to unite you to him.

-St. Elizabeth of the Trinity

Speak to them of the great mercy of God...Sometimes people are helped by your telling of your own lamentable past.- St. Francis Xavier

October 13 – Thursday

We are not here to guard a museum, but to cultivate a flourishing garden a life.-

St. John XXIII

October 14 – Friday

Love is the beauty of the soul.-

St. Augustine

October 15 – Saturday

We need no wings to go in search of him, but have only to look upon him present within us.- St. Teresa of Jesus

Parish Activities

Church, Family,
let us be merciful

World Mission Sunday
October 23rd, 2016

This year, World Mission Sunday will take place on October 23. This is a worldwide collection for the missionary Church that provides emergency aid when disaster strikes, cares for refugees in war torn countries, and provides rural and health clinics and transportation for priests, catechists, religious and lay pastoral workers. It provides financial support for the daily needs of all missionaries.

Please pray for the missions and be

generous on World Mission Sunday. Parishioners can pick up World Mission Sunday Calendar/Prayer Card at the church entrances.

Donation on World Mission Sunday

There will be a special collection on World Mission Sunday, October 23rd. Please give generously to support. May God's blessings be with you!

OLPH Parish Pastoral Council Annual General Meeting

"The Annual General Meeting (AGM) of the Parish Pastoral Council will be held on November 13, 2016 at 1:00pm at the Upper Hall. All parishioners are welcome to join the meeting. A light lunch will be served before the meeting. The AGM will be a great opportunity for parishioners to meet the PPC members, get an update on every parish groups, and find out what is going on at OLPH. Please show your support by attending this AGM"

Together in Action 2016

The 2016 "Together in Action" The theme this year is: "Blessed are the merciful, for they will be shown Mercy." Our parish's target is \$22,133, as designated by the Diocese. As of August 15, our campaign has received a total of \$26,110.95. We plead for your ongoing support. Parishioners can pick up the donation envelopes at the entrances.

Weekly Activities

Wed, Fri Oct 12, 14

OLPH Senior Centre

Time: 9:00a.m.-12:00 noon
Place: OLPH Church Upper Hall

Fri Oct 14

OLPH Scout

Time: 6:30pm.-8:30pm
Place: Upper Hall & Lower Hall

Sat Oct 15

Legion of Mary (meeting)

Time: 9:30a.m.
Place: K of C Room at OLPH Church

Tai Chi Lesson

Time: 10:00 a.m. - 12:30p.m.
Place: OLPH Church Lower Hall

Yoga beginner class

Time: 11:30 a.m. - 12:45p.m.
Place: OLPH Church Upper Hall

R. C.I.A (Mandarin)

Time: 3:00 p.m. - 5:00p.m.
Place: K of C Room
Young Adults choir practice
Time: 5:00p.m.-7:00p.m.
Place: OLPH Upper Hall

Sun Oct 16

R. C.I.A (Cantonese and English)

Time: 9:30 a.m. - 12:30 p.m.
Place: OLPH Church Lower Hall
Sunday School
Time: 10:00a.m.-12:30p.m.
Place: OLPH Church Office Building

Stories Faith Sharing

When to Be Practical

As three travelers crossed the mountains of the Himalaya, they discussed the importance of putting into practice everything they had learned on a spiritual plane. They were so engrossed in their conversation that it was only late at night that they realized that all they had with them was a piece of bread. They decided not to discuss who deserved to eat it; since they were pious men, they left the decision in the hands of the gods. They prayed that, during the night, a superior spirit should indicate who should receive the food. The following morning, the three men rose together at sunrise. "This is my dream," said the first traveler. "I was taken to places I had never visited before, and enjoyed the sort of peace and harmony I have sought in vain during my entire life on earth. In the midst of this paradise, a wise man with a long beard said to me: "you are my chosen one, you never sought pleasure, always renounced all things. And, in order to prove my allegiance to you, I should like you to try a piece of bread." "That's very strange," said the second traveler. "For in my dream, I saw my past of sanctity and my future as a master. As I gazed at that which is to come, I found a man of great wisdom, saying: "You are in greater need of food than your friends, for you shall have to lead many people, and will require strength and energy." Then the third traveler said: "In my dream I saw nothing, went nowhere, and found no wise men. However, at a certain hour during the night, I suddenly woke up. And I ate the bread." The other two were furious: "And why didn't you call us before making such a personal decision?" "How could I? You were both so far away, finding masters and having such holy visions! Yesterday we discussed the

importance of putting into practice that which we learn on a spiritual plane. In my case, God acted quickly, and had me awake dying of hunger!"

Read More Know More

Apostolicam Actuositatem

Solemnly Promulgated

Introduction

1. To intensify the apostolic activity of the people of God,

(1) the most holy synod earnestly addresses itself to the laity, whose proper and indispensable role in the mission of the Church has already been dealt with in other documents.

(2) The apostolate of the laity derives from their Christian vocation and the Church can never be without it. Sacred Scripture clearly shows how spontaneous and fruitful such activity was at the very beginning of the Church (cf. Acts 11:19-21; 18:26; Rom. 16:1-16; Phil. 4:3).

Our own times require of the laity no less zeal: in fact, modern conditions demand that their apostolate be broadened and intensified. With a constantly increasing population, continual progress in science and technology, and closer interpersonal relationships, the areas for the lay apostolate have been immensely widened particularly in fields that have been for the most part open to the laity alone. These factors have also occasioned new problems which demand their expert attention and study. This apostolate becomes more imperative in view of the fact that many areas of human life have become increasingly autonomous. This is as it should be, but it sometimes involves a degree of departure from the ethical and religious order and a serious danger to Christian life. Besides, in many places where priests are very few or, in some instances, deprived of due freedom for priestly work, the Church could scarcely exist and function without the activity of the laity.

An indication of this manifold and pressing need is the unmistakable work being done today by the Holy Spirit in making the laity ever more conscious of their own responsibility and encouraging them to serve Christ and the Church in all circumstances.

(3) In this decree the Council seeks to describe the nature, character, and diversity of the lay apostolate, to state its basic principles, and to give pastoral directives for

its more effective exercise. All these should be regarded as norms when the canon law, as it pertains to the lay apostolate, is revised.

To Be Continued

主日分享

常年期第二十八主日

故事中有三個兄弟，一天早上，父親叫第一個兒子起床，這個兒子很快就起來了，父親問：睡的好嗎？回答說：很好，我做了個夢，我到了天堂。父親問：天堂是什麼樣的？回答道：天堂如同我們家一樣，我很感謝我有這樣一個家庭，如同天堂一樣。父親又去叫第二個孩子，第二個兒子也迅速的起來，對父親說：我做了個夢，夢到我到了天堂，天堂和我們的家一樣，我很感謝我有一個如同天堂的家庭。父親又去叫第三個兒子，但這個兒子說什麼也不願意起床，最後不得不起來，也對父親說：我做了個夢，夢到我下了地獄，我們的家就像地獄一樣，我很討厭我有這樣一個像地獄的家。很顯然，這是一個明顯的對比，同樣一個家庭卻有兩種不同的心態，前兩個兒子有一個開闊的心態，他為身邊的每一件事而感恩，所以每一件事都是他生命最美好的；而第三個兒子卻陷於無限的怨恨中，因為他從不為生命中的任何一件事而感恩，在他看來什麼都是應該的，沒有什麼值得感謝，不滿意就得抱怨了。

在今天的道理中，我們談談感恩的問題。談這個話題之前，我們先看看生活中是不是人們缺少了感恩的心，多了份抱怨，看今天的年輕一代，有很多人認為父母應該給我所用的一切，好像一切都是應該的，我應該這樣，我應該那樣，父母應該給我錢。抱怨社會的不公，抱怨人間缺少了愛，抱怨人們之間多了紛爭，也抱怨天主為何不給我多多的降福。

有的人認為一切都是靠自己雙手掙得的，無須感謝別人，因為這樣的人相信，他們所贏取的一切都是靠自己的努力，用自己的汗水，用自己的智慧，靠自己的勤勞而實現的。他們忘記了所有的幸福來到他們的生命中都是天主的降福，在他們還沒有獲得成功以

前天主就降福了他們。他們忘記了世界上最珍貴的東西都是白白得來的、免費的，如陽光、空氣、理想、友情、親情等等。

今天的福音中，講到的是十個癲瘋病人得主醫治的事情。這十個人有相同也有不同，一起求恩，一起蒙恩，九人忘恩，一人感恩。而這個人卻是個外邦人，中國俗話說 受人滴水之恩，當湧泉相報。可是其他的九個人確忘記了回來感謝這個醫治之恩。

記得剛進修院時，看到修院的狀況，也問自己，修院怎麼會是這樣，怎麼與自己想像的有天壤之別，有了很多不滿意，很多一起進入修院的兄弟也因此而離開了修院，神師告訴我們，好好去體驗，發覺生命中值得感恩的事情，慢慢的懂了，生活中有很多不足，你能看到，那麼就感謝主賜給你能看到事物不好的能力吧，因為你不麻木，感謝主要使你工作，為什麼不去改變呢，為什麼要抱怨呢？是呀，為什麼要抱怨呢？抱怨能有什麼用，怎麼不去從自身努力改變呢？

感恩使我們能體會天主的聲音，使我們能不忘記自己，猶太人到今天都會保留逾越節，不僅是因為他們的信仰禮儀，而是在此紀念中讓每一個懷念天主的恩寵，認識自己是什麼，因為天主曾經從埃及人的迫害中拯救了他們，所以他們每年會在逾越節時，身穿苦衣，坐在地上，吃苦菜、無酵餅，更重要的是一起回憶出谷紀中記載的事件。年輕時，可能因為要學習而努力，待學業有成後，還沒有給自己一個時間，又在渴求好的工作。有了愛人後，又在渴求建立美滿家庭；有了家庭後，又得還一身兒女債…什麼時候會去感受、享受生活呢？沒有給自己留下美麗的空間，也就不會去感恩，更不會體驗生活的喜樂。

今天我們有沒有感謝天主給我們一個健康的身體？一個幸福的家，我們有工作？

讓我們來想一想：

1. 當我們生病或是遭遇困難時，內心有沒有渴望天主賜下勇氣和智慧，幫助自己忍受痛苦，度過難關？
2. 自己有無去醫院、養老院、癲瘋院、孤兒院等服務的經驗？是否曾反省過

自己的心態？是喜樂還是害怕？是冷漠還是熱情？

新聞及其他

普世傳教節 2016 文告：

《傳教的教會，慈悲的見證者》
普世教會將於 10 月 23 日慶祝第 90 屆世界傳教節。今年適逢慈悲禧年，本屆世界傳教節文告與慈悲息息相關，題名為《傳教的教會，慈悲的見證者》。

教宗再次解釋天父的慈悲，寫道：「當天父遇到每一個被創造的人時，慈悲便會給祂的內心深處帶來喜樂。」天父充滿愛地面向最脆弱的人，「因為祂的偉大和力量恰恰顯示在祂有能力成為弱小、被拒絕和被壓制者的一份子」。上主善良，關心人又忠實，「祂作了有需要者的近人，以關懷所有的人，特別是窮人」。

「慈悲在降生成人的聖言內得到了最崇高和最完滿的展示」。教宗表示，「我們通過福音和聖事接納並追隨耶穌，因著聖神的行動，我們可以成為慈悲的，就像我們在天大父那樣，學會像祂愛我們那樣去愛」。

每一個基督徒都有責任為天主的慈悲做見證，為教會的傳教事業貢獻己力。教宗強調，各民族和各文化都有權獲享救恩的訊息，這是天主賜予眾人的恩寵。有鑒於今日仍有許多不義、戰爭和人道危機問題尚待解決，天主的救恩訊息顯得更加重要。教宗最後呼籲道：「今天我們仍然不能推卸傳教教會共融的這項行動。我們不能心裡只想著自己關心的問題，而是要將視野拓展到全人類。」 教宗方濟各

詳情請參閱梵蒂岡電台

聖人語錄

一顆純潔的心，很容易看到基督
在飢餓的人中
在赤身露體的人中
在無家可歸的人中
在寂寞的人中
在沒有人要的人中
在沒有人愛的人中
在癡瘋病人當中
在酗酒的人中

在躺在街上的乞丐中
窮人餓了，不僅祇希望有一塊麵包而已，更希望有人愛他
窮人赤身露體，不僅希望有人給他一塊布，更希望有人能給他人應有的尊嚴。
窮人無家可歸，不僅希望有一間小屋可以棲身，而且也希望再也沒有人遺棄他，忘了他，對他漠不關心。
一顆純潔的心會自由的給予
自由地愛
直到它受到創傷 — 德肋撒修女

堂區活動

「教會、家庭，活出慈悲」

普世傳教節 2016
十月二十三日

今年的普世傳教節主題「教會、家庭，活出慈悲」。普世傳教節是普世教會及福傳的全球標誌。全世界的每一個堂區都會在十月慶祝。您的祈禱及奉獻將可支援世界各地遭遇不同災難及受戰爭蹂躪國家的人民提供緊急的援助，並提供醫療和運輸給予當地服務的神父、傳道員，信友及牧靈工作人員。它也提供了所有傳教神父日常生活需要的開支。普世傳教節是我們幫助全世界天主教團體成為一家的機會。藉著所獲信仰恩寵的分享，我們將希望與愛心帶給那些有需要的人們。請為普世傳教節祈禱，並在普世傳教節慷慨解囊。

願主永遠降福您們！

普世傳教節主日日曆/祈禱咭

歡迎教友在正門及側門入口處拿取。

普世傳教節捐獻

10月23日將進行第二次捐獻作普世傳教節之用，請慷慨支持及回應。

永援聖母堂堂區牧民議會週年大會

堂區牧民議會週年大會將於十一月十三日下午一時於上禮堂舉行，歡迎所有教友參加。在會議前將有簡便午餐供應。堂區牧民議會週年大會是一個牧民議會成員及堂區善會向教友展示堂區每個團體及堂區最新情況的最好

機會。請各位教友擁躍支持。

2016 教區公益金，齊來獻愛心

2016 年教區 TIA 籌款的主題為：『憐憫的人是有福的，因為他們會獲得憐憫。』本堂所須籌募的數目為教區指定的 22,133 元。

截至 8 月 15 日，捐款已累積至 26,110.95 元。捐款信封可在聖堂入口處拿取。

活動一週

星期三、五 10 月 12, 14 日

永援聖母松柏軒

時間：上午 9 時至正午 12 時

地點：永援聖母堂上禮堂

星期五 10 月 14 日

永援聖母堂童軍

時間：晚上 6 時 30 分至 8 時 30 分

地點：永援聖母堂上禮堂及下禮堂

星期六 10 月 15 日

聖母軍

時間：上午 9 時 30 分(開會)

地點：聖堂二樓騎士會室

楊式太極班

時間：上午 10 時至 12 時 30 分

地點：永援聖母堂下禮堂

瑜珈初班

時間上午 11 時 30 分至 12 時 45 分

地點：永援聖母堂上禮堂

成人慕道班(國語)

時間：下午 3 時至 5 時

地點：聖堂二樓騎士會室

大專青年團練習聖詩

時間：下午 5 時至 7 時

地點：永援聖母堂上禮堂

星期日 10 月 16 日

成人慕道班(粵語及英語)

時間上午 9 時 30 分至 12 時 30 分

地點：永援聖母堂下禮堂

主日學

時間：上午 10 時至 12 時 30 分

地點：寫字樓大廈，聖堂騎士會室

靈修小故事

長得慢的樹更能成材

他出生時難產，曾被認為是不祥之

兆。3歲多了還不會說話，父母很擔心他是啞巴，會帶他到醫院檢查過。後來他總算開口了，但說得極不流利，而且講的每一句話都好像經過吃力的考慮後才說出來，到9歲入學時還是這樣。上學後老師給他的評價是，“智力遲鈍、不守紀律”，同學們也不願意和他交往。老師甚至毫不客氣地對他父親說：“你的兒子將來不會有出息！”自卑的他想到了逃學。

父親帶他到郊外散心。父親問：“你知道那兩棵樹叫什麼名字嗎？”他木木地說：“不知道。”“高的叫沙巴，矮的叫冷杉，兒子，你覺得哪種更珍貴？”“應該是沙巴樹吧，你看它那麼高大。”“錯！長得快，木質一定疏鬆；長得慢，木質堅硬才好賣錢哩！而且，貪長的樹不成材，別看沙巴樹初期長得瘋，3年之後就越長越慢了，我還未見過超出10米的沙巴樹呢。冷杉則不同，別看它長得慢，但它始終如一地堅持生長，而且壽命極長，活上萬年都不成問題。”說著，父親把他領到一棵大樹面前。這棵直插雲霄的千年冷杉至今仍生機勃勃，枝繁葉茂。他仰頭對父親說：“爸爸，你是想叫我做一棵樹，一棵雖然長得緩慢但永遠向上的冷杉樹，對不對？”父親滿意地點了點頭。

他不再想逃學了。有一次手工課，他費了好大的勁兒才做出一隻小板凳，受到老師和同學們的譏諷，但他仍然興致勃勃地拿回家給父親看。父親和他一樣高興。因為通過這隻制作粗糙的小板凳，父親看到了兒子具有了堅持就是勝利的韌性。這個小男孩是

誰？想必大家已經猜到，他就是後來名震中外的科學巨匠愛因斯坦。

知多一點點

梵蒂岡第二屆大公會議文獻

《教友傳教》法令

緒言

1 關於教友在教會的使命中所特有而且絕對必要參與的部分，在別處已有論及：

(一)

現在，更為加強上主子民從事傳教事業的熱忱。

(二)

神聖公會以關切之情再度向教友致意。教友的從事傳教事業，源出教友使命的本身，在教會裡，無時可缺。聖經便十分明確地指出，教會初期這種活動曾經是如何自發自動，且有何等的成效（參閱宗：十一，19-21；十八：26；羅：十六：1-16；斐：四，3）。我們的時代向教友所要求的熱忱，並不次於過去，反之，當前環境要求他們更應加強及拓展他們的傳教事業。事實上，人口的繼續膨脹，科學和技術的進步，人與人的關係日趨密切，這樣不僅擴大了教友從事傳教事業的領域，而大部分工作只有教友可以做，因此也激起了要求他們能有重大的責任感和熱忱。目前，因為人類生活模式的改變，往往發生與倫理、宗教規範脫節現象，給基督徒生活造成嚴重危機，傳教事業遂愈顯迫切。此外，許多地區司鐸缺乏，或者司鐸行使職權的自由被剝奪，亦屢見不鮮，沒有教友的工作，教會幾乎難以存在和繼續。

傳教事業多方面的迫切要求，是聖神明顯地在工作，祂使當代教友愈來愈自覺到他們的責任，到處激勵他們獻身，為基督和教會服務

(三)

大公會議願意在這一法令內，闡明教友傳教的本質、特點和各種形式；指出其基本的原則，並給予牧靈的指示，以求其更為有效的施行；這一切應作為修改教會法典有關教友傳教的準則。

待續