

## Theme Sharing

### 29th Sunday in Ordinary Time

Rome was not built in a day: No great work can ever be achieved without long and patient effort. Look at the art of Michelangelo, the Beethoven concertos, the cathedral of Notre Dame (How many chisel-strokes to release the Pieta from its marble shroud? How many brush-strokes to transfer the Last Judgment from Michelangelo's teeming imagination to the sanctuary wall of the Sistine?) Not just the world's teeming artists and leaders, but every man is involved in a work of great significance, needing persevering courage to see it through to a successful conclusion; and that work is our salvation. To achieve it, we must co-operate vigorously with God, and in a sense struggle with Him. Today's liturgy invites us to consider two picturesque examples of perseverance in prayer, and the final success that this achieves.

Moses with upraised arms:

Moses, the man of God, stands on the hilltop interceding for his people who are struggling for their survival in the valley below, attacked by the violent tribe of Amalek. His arms are raised in the classic gesture of intercession (later immortalized in the Cross of Christ, and still used by the celebrant at Mass.) When, out of sheer weariness, his arms begin to droop, Israel fares badly in the battle. With the help of friends he manages to persevere in his mediating prayer, until victory is won. A beautiful prophetic image for Christ, whose prayer continued even when his soul was sorrowful, even unto death. It supports the ideal of intercessory prayer on behalf of others - not, however, in a superficial way or for petty requests; but for matters of life and death, for salvation, release from sin, recovery from depression, strength to cope with problems, perseverance. And when we pray these things for others, we must do so seriously, with a love that is ready for practical service too.

The widow who would not quit:

This quality of dogged perseverance in order to gain an important target is by no means limited to men. History-and our own experience - shows many examples of obstinate struggle by women to achieve particular aims (Joan of Arc; suffragettes; mothers overcoming all bureaucratic barriers

on behalf of family.) The style of campaign may be different; but the perseverance and the courage are just as valuable. Today we have the story of the widow, who kept up her petition until finally she forced the judge to try her case and give her justice. Her situation was that of a poor person under threat, but with the law firmly on her side. There was no doubt about the justice of her case, but the problem was to have it taken into court at all. She stands for the need to pray constantly on our own behalf, as well as on behalf of others. We must recognize the depth of our need (especially for peace, love, grace and salvation), and turn to God in a continual petition to answer our needs. Of course, God is not unheeding - like the slothful judge of the parable-but often seems to leave our prayers unanswered for a long while. His will, according to Our Blessed Lord, is that we persevere in prayer and never abandon hope. Persevering In Catholic Practice: More than most other societies, our Catholic Church has urged, and continues to urge, the value of remaining faithful to Certain practices: in our case, personal prayer and the community sacrifice of Sunday Mass. Styles of prayer may change, and there may be improvements in the form of our liturgy; but the basic call of the Church remains the same: to keep up the practice of prayer, both public and private; not to let laziness hold us back, or discouragement cause us to lose confidence in the value of speaking with God. Then with persevering prayer as a fountainhead will flow the strength of faith, and continual renewal of charity that we need for conducting daily life in the proper spirit. So, over a long period, and after many failures followed by sincere renewals, we will make a success of the one great project God has set for our lives. Into his presence we will come, a people who have kept faith with Him across the years in the wilderness, and who finally come to rest in the Kingdom which Christ has promised.

## 2016 Jubilee of Mercy

### The Mercy of Jesus

Gospel of Matthew 14: 34-36 Jesus came to the land of Gennesaret. When the local people recognized him, they spread the news through the whole area and took all their sick to him, begging him just to let them touch the fringe of his cloak. And all those who touched it were completely cured

## Saints Quotes

### October 17 – Monday

It is better to keep silence and be something than to talk and be nothing.-

St. Ignatius of Antioch

### October 18– Tuesday

Ask, and it will be given you; search, and you will find; knock, and the door will be opened for you.-Luke 11.9

### October 19– Wednesday

The Mass is the most favourable occasion to speak with the eternal Father, because then we offer Him his only Son as a victim for our salvation. Before celebrating, reflect on the sufferings of your Redeemer, commune peaceably with him, even in the midst of dryness; carry to the altar the needs of the entire world. -St. Paul of the Cross

### October 20 – Thursday

Love those who humble and contradict you, for they are more useful to your perfection than those who flatter you.-

St. Margaret Mary Alacoque

### October 21 – Friday

It is not those who commit the least faults who are most holy, but those who have the greatest courage, the greatest generosity, the greatest love, who make the boldest efforts to overcome themselves, and are not immoderately apprehensive of tripping.

-St. Francis de Sales

### October 22 – Saturday

It is Jesus that you seek when you dream of happiness; he is waiting for you when nothing else you find satisfies you; he is the beauty to which you are so attracted...it is he who urges you to shed the masks of a false life; it is he who reads in your heart your most genuine choices.- St. John Paul II

## Diocese & Other News

### You Give Them Something To Eat

One day Workshop for all who work with Youth and Young Adults, theme: "You Give Them Something to Eat". The day will include prayer, talks and training. Our special guest speaker Daniel Nugent will provide training on Theology of the Body (TOB); this will equip you with tools to help the young people navigate the why behind the what of Catholic sexual morality. Music, YouTube, DVD's, books incorporated to enthusiastically support and equip Youth

Leaders to communicate JPPI's message of TOB to Teens! October 29, 2016 at St. Anthony's Parish from 9:00 am to 4:30pm. The cost is \$40 and includes lunch. Please call Harriett Cariaga at the Youth Office to register at 403-218-5507 or email Harriett.Cariaga@calgarydiocese.ca

### Red Mass

In honour of judges, the legal profession, and the administration of justice. The Red Mass will be on Oct. 26, 2016 at 5:00 pm, to be presided by Bishop Henry at St. Mary's Cathedral. All are welcome. If you wish to attend the reception after with Guest Speaker: Fr. Stefano Penna (Newman Theological College), registration is required. To register email: Geoff Adair (geoff.adair@blakes.com) or Tom Ross ([tross@mross.com](mailto:tross@mross.com))

## Parish Activities

### An Emergency Campaign For Haiti.

The Canadian Catholic Organization for Development and Peace - Caritas Canada is launching a major campaign for Haiti. The magnitude of the natural disaster that has struck the island of Haiti is increasing by the hour, but we already know that we are facing a major crisis. Many of us have seen the horrific pictures on television of death, destruction, stories of evacuation, the need for immediate humanitarian assistance and the risk of spreading basic infectious diseases (diarrhea, cholera, malaria, etc). Development and Peace is mobilizing its network, working with Caritas Haiti, and launching an emergency campaign for Haiti. Funds raised will be used to meet needs in health, water, and to provide shelter, food and non-food items in the most affected regions. Today we will collect the second donation for the people of Haiti Hurricane. Let us give our generous support!

### World Mission Sunday

Church, Family,  
let us be merciful

October 23<sup>rd</sup>, 2016

Next Sunday is World Mission Sunday. Every parish across the world will celebrate this unique Sunday. It is a global sign of the Universal Church and Mission. Your prayers and donations will help

support churches, hospitals, schools and vocations in countries where the Church is beginning, where it is new. Please be as generous as possible to the collection for the Propagation of the Faith, for more than 1200 dioceses in Asia, Africa, Latin America, the Pacific Islands and some of our Canadian dioceses that depend on the World Mission collection.

Please pray for the missions. Parishioners can pick up World Mission Sunday Calendar/Prayer Card at the church entrances.

### Donation on World Mission Sunday

There will be a special collection on World Mission Sunday, October 23<sup>rd</sup>. Please give generously to support. May God's blessings be with you!

### Father Joseph Nguyen and Pastoral Care Team member will visit cemeteries to pray for all departed parishioners on:

November 5, Saturday to Queen's Park cemetery after adoration at 11 a.m. We will pray at Queen's Park cemetery Columbarium chapel.

In the afternoon, we will go to Mountain View Memorial Gardens.

If anyone would like to join us, please contact Sr. Magdalena Chan (403-690-2973) and give her the Lot number.

### Together in Action 2016

The 2016 "Together in Action" The theme this year is: "Blessed are the merciful, for they will be shown Mercy." Our parish's target is \$22,133, as designated by the Diocese. As of August 15, our campaign has received a total of \$26,110.95. We plead for your ongoing support. Parishioners can pick up the donation envelopes at the entrances.

## Weekly Activities

Wed, Fri Oct 19, 21

### OLPH Senior Centre

Time: 9:00a.m.-12:00 noon

Place: OLPH Church Upper Hall

Fri Oct 21

### OLPH Scout

Time: 6:30pm.-8:30pm

Place: Upper Hall & Lower Hall

Sat Oct 22

### Legion of Mary ( meeting )

Time: 9:30a.m.

Place: K of C Room at OLPH Church

### Tai Chi Lesson

Time: 10:00 a.m. - 12:30p.m.

Place: OLPH Church Lower Hall

### Yoga beginner class

Time: 11:30 a.m. - 12:45p.m.

Place: OLPH Church Upper Hall

### R. C.I.A (Mandarin)

Time: 3:00 p.m. - 5:00p.m.

Place: K of C Room

### Venture Scouts

Time: 4:00p.m.-6:00p.m.

Place: OLPH Lower Hall

### Young Adults visit Mission

### Senior Living

Time: 4:00pm-4:45pm

### Young Adults choir practice

Time: 5:00p.m.-7:00p.m.

Place: OLPH Upper Hall

### Faith Sharing Group (Arbour Lake)

Time: 7:30p.m.-10:00p.m.

Contact: Grace Chan 403-208-1806

Sun Oct 23

### R. C.I.A (Cantonese and English)

Time: 9:30 a.m. - 12:30 p.m.

Place: OLPH Church Lower Hall

### Sunday School

Time: 10:00a.m.-12:30p.m.

Place: OLPH Church Office Building

## Let There Be Light

### God's Will

I know not by what methods rare,  
But this I know:

God answers prayer.

I know not if the blessing

Sought will come in just

The guise I thought.

I leave my prayer to Him alone

Whose will is wiser than my own.

"God shapes the world by prayer. The more praying there is in the world the better the world will be, the mightier the forces against evil."

## Stories Faith Sharing

### Stone and the Flower

"You have hardened", said the flower, bending her petals downward toward the half stone at her roots. "These rains should have softened you, made you more fertile and receptive to the seeds of the fields; but no. You have accumulated minerals and have become more silent and full of calcium. Why

do you stay here? Why do you resist the brook that gives us water?" The stone said nothing. A number of clouds passed by, the sun set and the night arrived with an immense bronze-coloured freckled moon with acne scars upon her worn face and in this manner reflected down upon the silent stone which still had not fallen asleep. The flower, by now, had tucked-in her petals and slept profoundly, and at this time the stone began to answer: "I stay here because your roots have made me yours. I stay here because it is no longer about my feeling the earth rather because I have become part of that which functions as a support of your stem which resists the wind and the rain. Everything changes, my sweet flower", said the stone, "but I stay here because love is that microscopic space between your feet and my salted skin. You would only be able to feel it if destiny were ever to separate the two of us." The moon followed the fade of the stars. Dawn gave a yawn as the sun began to burn its horizon on the lower lip of the mouth of a new day. The flower awoke and extended her beautiful petals. "Good morning", she said, "I dreamt that you were singing to me. How foolish of me, don't you think?" The stone said nothing.

## Read More Know More

### Apostolicam Actuositatem

#### The Various Field of The Apostolate

-The laity carry out their manifold apostolate both in the Church and in the world. In both areas there are various opportunities for apostolic activity. We wish to list here the more important fields of action, namely, church communities, the family, youth, the social milieu, and national and international levels. Since in our times women have an ever more active share in the whole life of society, it is very important that they participate more widely also in the various fields of the Church's apostolate.

-As sharers in the role of Christ as priest, prophet, and king, the laity have their work cut out for them in the life and activity of the Church. Their activity is so necessary within the Church communities that without it the apostolate of the pastors is often unable to achieve its full effectiveness. In the manner of the men and women who helped Paul in spreading the Gospel (cf. Acts 18:18, 26; Rom. 16:3) the laity with the right apostolic attitude supply what is lacking to their

brethren and refresh the spirit of pastors and of the rest of the faithful (cf. 1 Cor. 16:17-18). Strengthened by active participation in the liturgical life of their community, they are eager to do their share of the apostolic works of that community. They bring to the Church people who perhaps are far removed from it, earnestly cooperate in presenting the word of God especially by means of catechetical instruction, and offer their special skills to make the care of souls and the administration of the temporalities of the Church more efficient and effective.

To Be Continued

## 主日分享

### 丙年常年期第二十九主日

今天的讀經一章節取自出谷紀，是有關以色列子民邁向西乃山，成為和天主訂立盟約的子民的記述。在這段旅途中，天主照顧他們的一切需要。但是他們對天主的信心仍然很薄弱。其實，在這章節之前的記述中，選民猶豫天主是否真的與他們同在。我們聽到的經文中，記述了敵人在天主從岩石中給以色列子民供水的地方，攻擊以色列子民。在那個地方，他們應當對天主的保佑懷有強大的信心。但是從經文來看，他們仍在掙扎。經文沒有提到為何阿瑪肋克人對以色列民產生敵意。他們很可能是要阻撓以色列民邁向天主的聖山。如此想要以人的能力阻撓天主的計劃是絕對不會成功的，更何況以色列子民轉向天主求助。為了協助他的子民對主的信德，梅瑟宣佈在戰抖時，他會在一座山丘上讓以色列子民看到他手握著天主賜給他的棍杖。這棍杖曾在多次危急狀況下為以色列子民解圍。當以色列子民同阿瑪肋克人戰抖時，必須看到它。祇要梅瑟把棍杖高舉，以色列子民就會在戰場上佔優勢。但是當他累了，垂下持棍杖的手時，在戰場中的以色列子民就會處於劣勢。亞郎和胡爾一邊一個托著梅瑟的手。後來，當以色列子民漸漸信賴天主，並且意識到天主與他們同在，他們就減少對那棍杖的依賴。在後來的記述中，以色列子民要打勝許多場決定性的戰爭，而他們也不再依賴那棍杖來取勝了。

今天的讀經二取自弟茂德後書。在今天章節中所提到的聖經，指的是舊約聖經。保祿告訴弟茂德這舊約聖經能給他智慧，使他因信耶穌基督而得到救恩。這是一個很好的提醒，新約和舊約都是聖經中不可缺的，並且是合而為一的。聖經的這兩個部分都是因默感而寫成，為幫助基督徒度好生活。保祿把宣講天主聖言的使命，鄭重地委托給弟茂德，囑咐他不論在任何情況之下都要宣講，藉此來挑戰並鼓勵他人。

今天福音章節的開始，路加就給這所謂“寡婦和不義法官”的比喻的詮釋，設下了框架。他的重點主要是教導人們恆心祈禱的重要性（路十八1）。我們必須記得，路加經常強調祈禱的重要性，因為他經常與有著外教背景的人們來往。那些人和猶太基督徒的背景很不一樣，他們沒有一個注重祈禱的傳統背景。一些新接觸祈禱的人們，當他們祈禱後沒有立即得到他們所求的，就很容易會灰心喪氣。比喻中的兩個人物：不義的法官和寡婦，二人有著很直接和強烈的對比。一位正義的法官固然不會被當作是神聖的，但是人們對法官的期待是正直的，護衛正義，秉公處理，有關懷人民之心，他所具有的德行就如天主一般（參閱德訓篇卅五 15-17, 22-23）。我們在這裡看到的法官是一位失職和不合格的法官，他不敬畏天主，也不尊重任何人（路十八2）。而那位寡婦則被描寫成是一位受欺辱的人。她一再面對不正義的事，受到那些弱肉強食者的欺凌。她必須到法庭上去爭取她應享有的權利。以上的背景引導著讀者去期待那位不義的法官來給這位寡婦主持公道。

出乎我們的意料，那位不義的法官最後終於讓步，為這位可憐的寡婦伸張正義。但是我們要注意到，法官之所以會這麼秉公處理，並不是出自他對正義的執著，也不是他對這位弱小寡婦的關愛，而是由於那位寡婦持之以恆的精神。她絕不放棄，直到她的正義得到伸張。這也就是說，她的堅持上訪的行為，令那位不義的法官感到不甚其擾，祇好聽從她的要求（路十八4-5）。主耶穌並沒有稱讚這位法官

或是要我們把他當作學習的對象。這比喻的重點在於強調寡婦那種堅持不懈的精神。如果她能從一位完全不負責任和不正義的法官那裡，得到她所需要的，那麼，如果她以同樣的恆心與態度堅持不懈地來向慈愛的天主求她所需要的，她又能從正義和仁愛的天主那裡得到什麼呢？請大家反省！

## 2016 慈悲禧年

### 主耶穌基督的慈悲

瑪竇福音 14:34-36 耶穌來到革乃撒勒土地。當地人認出了祂，他們將消息散佈至全地區，並把他們所有的病人帶給祂，求祂僅讓他們觸摸祂的斗篷邊緣。結果所有摸它的人都完全治癒。

## 聖人語錄

- 基督以恩寵和聖德裝飾了我的靈魂，我是屬於眾天使所侍奉的基督。(聖依搦斯)
- 天主的獨生子，爲了要使我們分享祂的天主性，便取了我們的人性，爲的是成了人之後的祂，能使人成爲天主。(聖多瑪斯·阿奎納)
- 生命的滿全就是愛的滿全，愛是生命的靈魂。(聖方濟各沙雷氏)
- 習慣不加以抑制，不久它就會變成你生活上的必需品了。(聖奧古斯丁)
- 無論我們是處於甚麼境況或從事甚麼工作，我們皆能成聖。(聖方濟各沙雷氏)

## 堂區活動

### 援助海地災民

海地現正面臨嚴重的颶風災害，而災害的規模正逐漸增加。我們許多人在電視上也看到了海地災民現正面臨死亡、破壞、傳染病（腹瀉，霍亂，瘧疾等）等重大的威脅而需要大家的緊急援助。

加拿大天主教發展與和平組織(The Canadian Catholic Organization for Development and Peace) 正在動員其網絡，與明愛海地合作，爲海地展開緊急籌款運動。籌集的資金除了用於解決當地災民的健康及食水的需求外，並在受影響最嚴重的災區提供房

屋，食品和非食品物品的需要。本堂將於今天進行第二次捐獻以援助海地災民，請大家慷慨解囊！

### 普世傳教節 2016

#### 「教會、家庭，活出慈悲」

十月二十三日

整個教會內的基督徒因受聖神的帶領可以公開重申其對傳教工作的承諾：將信仰與傳播福音宣講到所有的人。因此，普世傳教節是普世教會及福傳的全球標誌。今年，普世傳教節將於10月23日在全世界的每一個堂區舉行。您的祈禱及奉獻將可支援世界遭遇災害及受戰爭蹂躪國家的難民提供緊急的援助，並提供醫療和運輸給予當地服務的神父、傳道員，信友及牧靈工作人員。它也提供了所有傳教神父日常生活需要的開支。普世傳教節是我們幫助全世界天主教團體成爲一家的機會。藉著所獲信仰恩寵的分享，我們一起將希望與愛心帶給那些有需要的人們，特別是我們在非洲，亞洲，大洋洲，歐洲和南美的兄弟姐妹。請爲普世傳教節祈禱，並在普世傳教節慷慨解囊。

願主永遠降福您們！

#### 普世傳教節主日日曆/祈禱帖

歡迎教友在正門及側門入口處索取。

#### 普世傳教節捐獻

10月23日將進行第二次捐獻作普世傳教節之用，請慷慨支持及回應。

### 阮神父及牧靈關愛組成員將於煉靈月往墓地爲已亡教友祈禱：

11月5日(星期六) 明供聖體後十一時到女王公園墓地骨灰菴小聖堂(Queen's Park Cemetery Columbarium chapel)祈禱。午膳後到山景紀念花園 (Mountain View Memorial Gardens) 祈禱。

任何教友想參與祈禱，或想牧靈關愛組在墓地爲你的親友祈禱，請提供地段號碼並請聯絡陳修女(403-690-2973)或堂區辦事處。

### 2016 教區公益金，齊來獻愛心

2016年教區 TIA 籌款的主題爲：『憐憫的人是有福的，因爲他們會獲得憐憫。』本堂所須籌募的數目爲教區指定的 22,133 元。

截至 8 月 15 日，捐款已累積至

26,110.95 元。捐款信封可在聖堂入口處索取。

## 活動一週

星期三、五 10月19, 21日

### 永援聖母松柏軒

時間：上午 9 時至正午 12 時

地點：永援聖母堂上禮堂

星期五 10月21日

### 永援聖母堂童軍

時間：晚上 6 時 30 分至 8 時 30 分

地點：永援聖母堂上禮堂及下禮堂

星期六 10月22日

### 聖母軍

時間：上午 9 時 30 分(開會)

地點：聖堂二樓騎士會室

### 楊式太極班

時間：上午 10 時至 12 時 30 分

地點：永援聖母堂下禮堂

### 瑜珈初班

時間上午 11 時 30 分至 12 時 45 分

地點：永援聖母堂上禮堂

### 成人慕道班 (國語)

時間：下午 3 時至 5 時

地點：聖堂二樓騎士會室

### 永援聖母堂童軍

時間：晚上 4 時至 6 時

地點：永援聖母堂下禮堂

### 大專青年團探訪 Mission Senior

Living

時間：下午 4 時至 4 時 45 分

### 大專青年團練習聖詩

時間：下午 5 時至 7 時

地點：永援聖母堂上禮堂

### 信仰小團體 (Arbour Lake)

時間：晚上 7 時 30 分至 10 時

聯絡：Grace Chan 403-208-1806

星期日 10月23日

### 成人慕道班(粵語及英語)

時間上午 9 時 30 分至 12 時 30 分

地點：永援聖母堂下禮堂

### 主日學

時間：上午 10 時至 12 時 30 分

地點：寫字樓大廈，聖堂騎士會室

## 心靈小品

### 在主內共勉

再懶--也要記得靈修，

再累---也要記得祈禱，  
 再忙---也要記得進堂，  
 再窮---也要記得奉獻，  
 再缺---也要記得感恩，  
 再愁---也要記得讚美，  
 再煩---也要記得微笑，  
 再苦---也要學著堅持，  
 再痛---也要學著寬容，  
 再怨---也要學著忍耐，  
 再怒---也要學著溫柔，  
 再傷---也要學著去愛，  
 再餓---也要學著禁食，  
 再難---也要學著信靠！  
 我靠著那加給我力量的  
 凡事都能作（斐 4:13）！

## 靈修小故事

別急！上天是這樣愛他的

在一場意外海難中，死死抱住身邊一根長長木頭的基米成了唯一的生存者，隨著潮水的波動，他終於漂流到了一座無人的小島上。基米相信上天讓他活下來，就是要讓他繼續活下去，於是每天所做的事情就是虔誠的朝天祈禱，希望能再幫他一次，讓他回到家鄉。基米每天坐在小島邊的岩石上，眼巴巴的注視著海面，希望能有船隻從此地經過，但一天天過去，除了海天一片，什麼也沒有出現。希望一天天消失，他終於決定在這險惡的環境中做長期打算，於是用那根救命的木頭當支柱，搭起了一個簡陋得不能再簡陋的小木屋，並開始尋找和儲存賴以生存的東西和食物。由於他的不懈努力，儲存物開始增多，他不必為果腹而擔憂，心情漸漸平靜下來。有一天傍晚，當他出外尋找完食物後，返回小木屋時，突然遠遠發現他的小木屋竟然陷在熊熊烈火之中，大火引起的濃煙不斷向天上竄。完了，全完了！辛辛苦苦儲存下來的、所有支撐他活命和安身的一切，在這一瞬間，通通化為灰燼。基米撲倒在地，邊捶著地、邊無奈的大哭，他悲痛的喊著：「天啊！你怎麼可以這樣對待我！」不知哭了多久，基米終於在疲憊中睡著了。

當天開始蒙蒙亮時，一艘正靠近小島的船隻的鳴笛聲打破了寂靜，把基米吵醒，他睜開眼一看，呆住了：啊，有人來了！

衣衫襤褸的基米不可置信的到了船上，他迫不及待的問那些船員：「你們怎麼知道我在這裡？」

「我們看到了沖天而起的濃煙，知道有人困在這裡。」他們平靜的回答說。這種故事在世界很多地方都發生過，祇是具體情節和過程不同，但它們都闡述了同一個道理：無論遇禍遇福，都是上天的恩典，因為上天知道我們真正需要什麼，上天比我們更愛我們自己呢。

## 知多一點點

梵蒂岡第二屆大公會議文獻

各種不同的傳教領域

—教友在教會內，同時也在世俗中進行多種傳教工作。在這兩種秩序中，都展開各種不同的傳教領域，這裏我們只指出重要的幾種，即：教會團體、家庭、青年、社會環境、國家和國際場合。因為今天的婦女在全面社會生活中，日漸表現積極，所以在傳教事業的各種領域裡，婦女參加工作，也是十分重要的。

教會團體

—既然教友分擔基督為司祭、先知、君王的任務，在教會的生活和工作上，他們也有積極的一份工作。在教會團體之內，他們的行動如此需要，至使牧靈者的傳教事業，沒有他們往往不能收到圓滿的實效。真正有傳教精神的教友，能依照當年幫助聖保祿傳播福音的那些男女的榜樣（參閱宗：十八，18.26；羅：十六，3），補助弟兄們的不足，振奮靈牧者和其他教友的精神。（參閱格前：十六，17-18）。因為他們既得到積極參與自己所屬團體的禮儀生活的營養，便可熱忱地去參加團體的傳教事業；把那些遠離教會生活的人，引回教會；在宣講天主聖言，特別在講授要理方面通力合作；或者供獻出自己的專長，使教化會照顧人靈、管理教會財務的工作更為有效。

待續