

Theme Sharing

Sixth Sunday of Easter Looking me in the eye

Today's gospel is a good example of Jesus looking me straight in the eye, as he holds both my hands, and in simple and straight language, makes some wonderful promises to me. I have many memories of boarding school. One of the less happy ones was when we went to the gym. I believe now that I was nervous by nature, and I dreaded the exercises that involved vaulting over the "horse," as we called it. The teacher would stand by to catch you if you got it wrong. Which was all well, except for one problem. He had a habit of constantly giving instructions to all and sundry, and when I was in the process of vaulting, he was quite capable of turning to answer a question from someone, and was just not there when you got it wrong, and came crashing down on the other side. The fact was that I just did not trust him to be there for me, and this was a source of constant anxiety for me. He would get annoyed at my hesitancy to run forward, while I was watching his every move, in the hope that I had his attention. I had absolutely no sense of having a "safety net" at the other side, and I was paralysed with fear. I often recall those times when I reflect on the need people have to have someone to trust, to have someone on whom they can rely, of someone who will be there for them when needed. This particular dimension of my relationship with Jesus is very important to me.

In today's gospel, Jesus promises to send the Spirit, and he also promises that he will never abandon us, or desert us in the storm. "Heaven and earth will pass away before my word passes away." Elizabeth said to Mary, "All these things happened to you, because you believed that the promises of the Lord would be fulfilled." Later on, as the apostles waited with Mary in the Upper Room, I can easily imagine she could have had a real problem getting them to stay there. It would not have been easy to get Peter to sit around for nine days, while there was nothing happening. The Spirit, of course, did come, because Jesus had promised that he would send the Spirit. It is possible that Mary was the only person in that room who was certain that the Spirit would come. The original sin was one of disobedience. Therefore, the whole purpose of Jesus'

mission was to do the will of the Father in heaven. He considered obedience as a real way of loving. In today's gospel he goes so far as to say that if we love him, we will obey him. His instructions are clear and uniquely simple. He speaks of forgiving others, of not condemning, of having compassion, and of trying to love others as he loves us. He gives us a simple and clear programme for living, and part of his promises is that this programme will work. All we have to do is to trust him, and to obey him.

Jesus promises to reveal himself to each of those who obey him. His whole purpose was to do the will of the Father and, by joining him in that attitude of obedience, we are assuming the whole ethos of his life. The road back to the garden is one of obedience. It is not an easy road; because of original sin, obedience doesn't come naturally to us. It involves the cross, which is not heavy, but rather it is made up of the splinters of everyday living. Obedience is about following Jesus, about walking in his path. He is the Way and it is only by following him that we can make our way back to the garden.

Parish Activities

The Pentecost Novena

The feast day of Pentecost will be coming soon. To prepare ourselves to receive the gifts of the Holy Spirit, Fr. Joseph Nguyen encourages parishioners to pray The Pentecost novena at home.

Honoring the Holy Spirit is the oldest of all novenas, and it is still the only novena officially prescribed by the Church.

Addressed to the Third Person of the Blessed Trinity, it is a powerful plea for the light and strength and love so sorely needed by every Christian.

The Novena begins on May 26 (Friday) and ends on June 3 (Saturday).

Parishioners can pick up the Pentecost Novena booklet at the Church main and side entrances.

Exposition of the Blessed Sacrament on June 3

The June's Exposition of the Blessed Sacrament will be led by Adult Catechism on June 3 from 10am to 11am.

Fr. Nguyen will listen to Confession.

Parishioners are encouraged to attend.

Parish TIA and Father's Day BBQ Picnic

Please invite your family and friends to join our parish TIA and Father's Day BBQ Picnic at the Bowness Park (8900 - 48 Ave, N.W.) on Sunday , June 18 at 9:30 a.m. to 3:00 p.m. Tickets and detail will be available at the Church entrances from May 21 to June 11. Each BBQ bag is \$10.

Breakfast Corner and Movie Afternoon

Date: June 4 (Sunday)

Place: OLPH Upper Hall

Sponsor: Pastoral Care Team

Breakfast in Cantonese style Congee with shredded pork and preserved egg, two rolls of stuffed sticky rice and one fried taro shrimp will be served after 10:00am and 11:30am mass, complimentary muffins and drinks after 8:30am mass.

Breakfast ticket is \$5 each, sale at Church main entrance.

Movie is free of charge. Join us in this event of food, socializing, and faith sharing.

Movie Afternoon – 1:00pm to 3:30 pm.

"Miracles from Heaven" (Chinese Subtitle) is a deeply touching story about Anna Beam who lives with a rare, incurable disease.

Everything changes when Anna tells an amazing story of a visit to heaven after surviving a headlong tumble into a tree. She begins to show signs of recovering from her fatal condition.

Together in Action 2017

The 2017 "Together in Action" commences on the first Sunday of Lent (March 5). The theme this year is:

"Blessed are the merciful, for they will obtain MERCY." (Matthew 5:7)"

Our parish's target is \$22,607 as designated by the Diocese. As of April 17, our campaign has received a total of \$6,600. This year's TIA is led by Pastoral Care Team. We plead for your ongoing support. Together we will help thousands within our own communities and abroad through difficult times. Let's give sacrificially, act out our faith, and join Together in Action

Weekly Activities

Wed, Fri May 24, 26

OLPH Senior Centre

Time: 9:00a.m.-12:00 noon

Place: OLPH Church Upper Hall

Fri May 26

St. Angela School attend Mass

Time: 9:00a.m.

OLPH Scout

Time: 6:30pm.-8:30pm

Place: Upper Hall & Lower Hall

Sat May 27

Legion of Mary (meeting)

Time: 9:45a.m.

Place: K of C Room at OLPH Church

Tai Chi Lesson

Time: 10:00 a.m. - 12:30p.m.

Place: OLPH Church Lower Hall

Yoga beginner class

Time: 11:30 a.m. - 12:45p.m.

Place: OLPH Church Upper Hall

R. C.I.A (Mandarin)

Time: 3:00 p.m. - 5:00p.m.

Place: K of C Room

Young Adults choir practice

Time: 5:00p.m.-7:00p.m.

Place: OLPH Lower Hall

Sun May 28

R. C.I.A (Cantonese and English)

Time: 9:30 a.m. - 12:30 p.m.

Place: OLPH Church Lower Hall

Sunday School

Time: 10:00a.m.-12:30p.m.

Place: OLPH Church Office Building

Parish Pastoral Council Meeting

Time: 12:30p.m.

Place: OLPH K of C Room

Let There Be Light

As You Travel Through Life

As you travel through life there are always those times

When decisions just have to be made,

When the choices are hard, and solutions seem scarce,

And the rain seems to soak your parade.

There are some situations where all you can do

Is simply let go and move on,

Gather your courage and choose a direction That carries you toward a new dawn.

So pack up your troubles and take a step forward -

The process of change can be tough,

But think about all the excitement ahead

There might be adventures you never imagined

Just waiting around the next bend,

And wishes and dreams just about to come true

In ways you can't yet comprehend!
Perhaps you'll find friendships
that spring from new things
As you challenge your status quo,
And learn there are so many options in life,
Perhaps you'll go places you never expected
And see things that you've never seen,
Or travel to fabulous, faraway worlds
And wonderful spots in between!
Perhaps you'll find warmth and affection and caring
And somebody special who's there
To help you stay cantered and listen with interest
To stories and feelings you share.
Perhaps you'll find comfort in knowing your friends
Are supportive of all that you do,
And believe that whatever decisions you make,
They'll be the right choices for you.
So keep putting one foot in front of the other,
And taking your life day by day...
There's a brighter tomorrow that's just down the road -
Don't look back! You're not going that way!

Stories Faith Sharing

Time for God

The Master called my name one day because He needed someone. I said, "Lord, in my spare time, between school, spending time with my husband, working from 8 to 6, and trying to coordinate a program for my community to help our children do better, I will help you. See, I know I can't go right now 'cause I have so much to do." He said, "Well, where shall I find such a person? I thought I saw your name on my list of available people."
"Well Lord, that was the prayer that I prayed last year, but since then, things have changed." He said, "Like what?" "Well, I'm working on my Ph.D. and I'm needed by so many people and my husband is always wanting something done, and on top of that my community expects me to help and give to them so..." "Well, seeing that you're busy, I'll let you go, but we will talk again, if you have some time." I went on through the days, and the weeks, and the months completing my tasks as always.
One evening, while studying for my comp exams, I received a call from the hospital concerning my husband. He had been in a terrible accident and was in a critical

condition. I dropped everything and ran to the hospital where I found my husband hanging on for dear life. I immediately began to pray "Lord, don't take him now, I can't bear it." But my prayer echoed off the wall and returned into my own ears. That next morning I left the hospital tired and weary, and walked through the door of my classroom just in time to begin my comps. As the professors begin asking me questions I opened my mouth to speak but nothing came out. In my mind, I began praying, praying hard, but my prayers echoed again and I found myself upset at God because He was nowhere to be found. I could not explain to them what was happening. After leaving my exams, I called in to work because I was so distraught at all that was going on. I explained to my supervisor what had happened and she demanded that I take some time off. After visiting my husband in the hospital that evening, I went home and fell into a sunken state crying and despairing.

Just then I heard someone calling my name. "Lord, is that YOU?" "Well yes, it is. Do you have some time? I wanted to see if I could just talk" Instead of waiting to hear His questions, I lashed out in anger and resentment. "How is it that when I needed you today, you couldn't be found and last night I cried and cried but all I heard were echoes from the walls. My husband is dying, I'm flunking out of school, I may not have a job and you can just sit and say you want to talk."

The Lord interrupted me in my foolish speaking. "My child, I decided to let your husband rest, and keep you home for a few days so that way maybe you would get in touch with me, if you had some time. For you see, before your husband, the community or your job needs you, I need you."

Read More Know More

Who is the Holy Spirit?

The Holy Spirit is the bridge to God within you. It is the part of your mind—the part of your Spirit—that is joined with the Mind of God. The Holy Spirit is the Voice for God and acts as a reminder to all of God's children of the unconditional love that God has for them.

God loves His children so much that He wanted His children to always know that they are safe, they are loved, and they are whole.

God created the Holy Spirit as a way to ensure that God's children would always know these things. God gave this Voice to His children, and this Voice is now a part of them. It is the eternal perspective of Truth, Love, and Reality that cannot be taken from God's children. The Holy Spirit's function and purpose is to bring God's Voice to each of God's children, guiding them, directing them, loving them, and restoring their thinking to God's.

Little by little, as you hear, recognize, understand, and become aware of the Holy Spirit in different ways—through your thinking, correcting a thought with this Voice, recognizing this Voice in another, sharing this Voice with a friend, and so on—the Holy Spirit is brought into the world and given to each of God's children. This Voice is recognized in each of God's children and used as a reminder for God's children of the Truth so that they can overcome the world. The Holy Spirit was given to each of God's Children by God, put within each one, and is now a part of them. It is not to think that the Holy Spirit is separate from you, is really only a part of God, or will one day be separate, because in Truth, the Holy Spirit is a part of you. It has now been blended and melted into you. That is why it is important to recognize this Voice of God in everyone you meet because It is part of them as well. The Holy Spirit is within each of God's children and cannot be extracted. It is there as a constant Resource, Companion, and speaker of Truth no matter what you think you have done, what you think you are doing, or what you think you might do. This Voice for Love within you holds no judgments, never condemns, and only remembers your true Perfection. In that is the impossibility of sin or anything related to it. It is not possible for the Holy Spirit to judge you in any way because this part of God can only see the Truth of who you are and not who you think you are. God's Voice is within your mind and is ever available to you to restore your thinking to Truth. In any moment you decide that you do not want to participate in the belief of separation—if you decide you want peace, if you decide you want to remember Who you are and What you are—the Holy Spirit is there within you waiting to join with you in Truth. It has been within you since your first step into the world and offers you an alternative to pain and suffering, to fear and loathing, to vengeance

and death. This Voice for Love within you offers you Peace, Oneness, Truth, and everlasting Life.

主日分享

復活期第六主日

愛使人經驗聖神

福音中有一句令人費解的話：“祂是世界所不能領受的真理之神，因為世界看不見祂，也不認識祂；你們卻認識祂，因為祂與你們同在。”這句話能產生一連串的問題：為甚麼祇有基督徒才認識聖神？這是否對別人不公平？的確，耶穌的門徒猶達斯（非出賣主的那個）曾問：“主，究竟為了甚麼你要將自己顯示給我們，而不顯示給世界呢？”

若祇看字面意義，聖經某些章節能給人一種決定論的印象，即有些人注定得救，有些人注定不得救。假使我們對基督的救恩有一整體觀，便可排除不必要的誤解。“天主竟這樣愛了世界，甚至賜下了自己的獨生子，使凡信祂的人不致喪亡，及而獲得永生，因為天主沒有派遣子到世界上來審判世界，而是為叫世界藉著祂而獲救。”基督徒必須相信，慈愛的天主不願任何人喪亡，也沒有注定任何人喪亡，祂願意所有人都得救。

今日福音所指的“世界”，是與基督對立、相反基督的世界。他們對基督沒有興趣，祇對自己有興趣。正在豪賭的人，眼中祇看到錢，心中充滿貪婪，在此刻，就算天主賜他聖神，他也無法看見，不會認識，不能承受，他內心的狀態使回應共鳴成為不可能。基督徒能夠認識聖神，是因為他們愛基督，遵守祂的命令；是這份愛在他們心內產生共鳴，使他們認識聖神的臨在。可見愛的共鳴是個重要的因素。

我嘗試以一種運動作例子。美式足球在許多中國人心中是一種瘋狂遊戲，二百多磅的球員互相碰撞有甚麼好看？直至有一次一位老神父帶我到球場觀看，從旁解釋每一步驟球員的默契、走位、戰略等，才突然了解這是非常緊張、有趣、機智的運動，它能吸引最斯文的觀眾，極少有暴力發生，適宜一家大小觀看。一旦這運動

在我心中起了共鳴，我立刻看到別的中國人看不到的東西，它不再是火星撞地球的無聊遊戲。

福音所說世界看不到聖神，不認識聖神，而基督徒卻能看到祂、認識祂，就是因為這份愛的共鳴。想認識聖神、經驗聖神，並非一件很奧妙、很高超、要功力深厚才做得到的事；亦非一定要學冥想、學打坐、學瑜珈才會成功。耶穌的要求很簡單：“如果你們愛我，就要遵守我的命令；我也要求父，祂必會賜給你們一位護慰者。”遵守基督愛的命令，就是經驗聖神的最佳途徑。

若望福音充滿這種提示，聖母瑪利亞也給了同樣的忠告：“祂無論吩咐你們甚麼，你們就作甚麼。”假使我們希望恩寵滿溢，經驗聖神，那就依照耶穌的話去過愛的生活吧！真理原就是那麼簡單。

堂區活動

聖神九日敬禮

聖神降臨節將至，阮神父藉此鼓勵堂區內所有的教友，能夠在聖神降臨節將至的時刻，在家中誦念聖神九日敬禮禱文，藉此幫助信友在聖神的九日敬禮中，讓聖神更新我們的心思念慮，獲得所預許的豐富生命，充滿聖神的德能，結出常存的果實，並歸光榮於天父。

聖神九日敬禮小冊子將擺放在教堂正門及側門入口處，希望大家能夠藉著這個九日敬禮，渴求充滿聖神，尤其是在聖神降臨節前，可以透過這小冊子的禱文，藉著基督，偕同聖母瑪利亞，向天父懇禱，祈求祂把聖神傾注到我們每個人身上，澆灌整個教會，使萬象更新，眾人歸依！“你們縱然不善，尚且知道把好東西給你們的兒女，何況在天之父，有不更將聖神賜與求祂的人嗎？”（路 11：13）

「聖神九日敬禮」就是在聖神降臨節前做九日敬禮，即由 5 月 26 日（星期五）開始至 6 月 3 日（星期六）結束。

六月顯供聖體

永援聖母堂六月份的顯供聖體由成人慕道班帶領，時間為六月三日上午十時至十一時。當天除了朝拜聖體外，

阮神父將為教友聽告解。
請各位教友盡量參與！

TIA 堂區及父親節燒烤同樂日

本堂將於 6 月 18 日父親節舉行堂區 TIA 燒烤同樂日。盼各教友能踴躍參加，並邀請親友同度一個愉快父親節。

日期：6 月 18 日 (星期日)

時間：早上 9 時 30 分至下午 3 時

地點：Bowness Park (8900 - 48 Ave, N.W.)

交通：自備。若需要接送，可代安排。

燒烤包：每份 10 元正

5 日 21 日開始，可以在聖堂入口處向牧靈關愛組會員購票及查詢詳情。

早餐交流會及電影欣賞

日期：6 月 4 日 (星期日)

地點：永援聖母堂上禮堂

贊助善會：牧靈關愛組

早餐交流會 - 10 時, 11 時 30 分彌撒後有早餐供應； 8 時 30 分彌撒後免費茶水及 muffin。

早餐包括皮蛋瘦肉粥、菜飯兩條及芋蝦一個。

早餐票每位 5 元，可於各主日在教堂正面入口購票。

聚會將包括有美食、生活交談及信仰分享

電影欣賞 - 《天堂奇癒記》(中文字幕) 下午 1 時至 3 時 30 分 (免費)

真實故事中安娜患上了一種罕見的不治之症，一次奇怪的意外，奇蹟使她不但沒有受傷，其不治之症也自然痊癒。

2017 教區公益金，齊來獻愛心

2017 年教區 TIA 籌款的主題為：『憐憫人的人是有福的，因為他們要受憐憫。』瑪竇福音：第五章七節

本堂所須籌募的數目為教區指定的 22,607 元，截至 4 月 17 日，捐款已累積至 6,600 元。

今年公益金將由牧靈關愛組負責統籌，懇請各位教友繼續支持，合力幫助本土社區及國外成千上萬的勞苦大眾。讓我們無私奉獻，活出信仰，攜手一起行動，慷慨解囊！

活動一週

星期三、五 5 月 24, 26 日

永援聖母松柏軒

時間：上午 9 時至正午 12 時

地點：永援聖母堂上禮堂

星期五 5 月 26 日

St. Angela School 參與彌撒

時間：上午 9 時

地點：永援聖母堂

永援聖母堂童軍

時間：晚上 6 時 30 分至 8 時 30 分

地點：永援聖母堂上禮堂及下禮堂

星期六 5 月 27 日

聖母軍

時間：上午 9 時 30 分(開會)

地點：聖堂二樓騎士會室

楊式太極班

時間：上午 10 時至 12 時 30 分

地點：永援聖母堂下禮堂

瑜珈初班

時間上午 11 時 30 分至 12 時 45 分

地點：永援聖母堂上禮堂

成人慕道班 (國語)

時間：下午 3 時至 5 時

地點：聖堂二樓騎士會室

大專青年團練習聖詩

時間：下午 5 時至 7 時

地點：永援聖母堂上禮堂

星期日 5 月 28 日

成人慕道班(粵語及英語)

時間上午 9 時 30 分至 12 時 30 分

地點：永援聖母堂下禮堂

主日學

時間：上午 10 時至 12 時 30 分

地點：寫字樓大廈，聖堂騎士會室

堂區牧民議會開會

時間：下午 12 時 30 分

地點：聖堂騎士會室

心靈小品

感恩和珍惜

我要為逆境感謝天主

——因為那是我的機會

我要為困難感謝天主

——因為那是我的祝福

我要為軟弱感謝天主

——因為是學會體恤別人的基礎

我要為失敗感謝天主

——因為是邁向將來成功的踏腳石

我要為疾病感謝天主

——因為是人生樂曲中美麗的休止符

我要為苦難感謝天主

——因為是磨煉美麗品德的展研所

我要為創傷感謝天主

——因為是經歷天主醫治的通行証

我要為困難感謝天主

——因為是驅使人依靠天主的催化劑

我要為逆境感謝天主

——因為是啟動內在潛能的激素

我要為貧窮感謝天主

——因為是引發追求屬靈豐富的動力

我要為挫折感謝天主

——因為是培養謙卑品格的溫室

我要為我得不到和已經失去的感謝天主，因為我現在學會了感恩和珍惜！

靈修小故事

你應充滿自信

聖維亞納神父在讀修院時，由於天份不高，在學拉丁文時，雖然下了很大功夫，但仍然不見進展，往往為記下一個拉丁文單詞的變化，就要花上幾個鐘頭！並因此受到同學們的嘲笑。

“年老的學生”是聖人在修院時最響亮的綽號了。面對神長的搖頭，同學的譏諷，聖維亞納神父似乎退縮了，他對同學們說：“你們把我比喻成驢，不是很有道理嗎？驢應該回到它自己的位置！”但是，維亞納神父最在意的不是別人對自己的評價，而是在乎天主的聖意！所以，他成功了！我們有時是否也因別人的一個評價，而改變自己對自己的看法呢？當別人稱我們是“瘋子”時，難道我們就真的是“瘋子”嗎？當別人稱我們是“笨牛”時，我們就真的是“笨牛”嗎？當別人捏造謊言污蔑我們時，我們就真的做了壞事嗎？

我們在乎的應是天主對我們的看法！絕不能因為別人的一個偏激的評價而否定自己！

如果當初維亞納神父真的認為自己是頭“驢”，那裡還會有現在的聖維亞納神父呀！

天主的意圖乃叫人謙虛，並非叫人自卑，因為當人自卑時，對生活沒有信心和勇氣，更談不上修德行善，造福

民衆，這恰恰也是魔鬼最希望的！所以，當我們聽到別人對我們的評價時，首先應充滿自信！堅信所有人都是天主用同一雙手創造的——你並不比我強多少，因為我們都是平等的！其次，反省自己，是否在有些事上因為違背了天主的聖意，而導致某些人的反感。如果不是，那就不必在意，或者多想一下，當耶穌被司祭長和經師們所控告時，扣在他頭上的罪名和我們相比，有過之而無不及！

知多一點點

褻瀆聖神的罪永不得赦免！

耶穌時代的猶太人，早已信仰聖神之存在，並承認聖神具有兩大功能：(一)把天主的真理啓示給世界；(二)幫助人去了解及接受這些真理。

但問題是，這些聖神所啓示的真理，若長期被疏忽及輕視，久而久之，必將漸趨衰弱，甚至可能完全消失。人的各種器官若長期不用，必將失去功能：如人長年臥床不走動，腿部必將萎縮；在校內所學的外文：如法語或日語，若長期不使用，也將漸漸變得生疏。一切記憶及知識皆如此，聖神的功能也不例外，因此人若長期緊閉心扉，不讓自己去認識聖神所默示的真理，到最後可能會變得善惡不分，有理的變成無理，無理的反面變得有理！這種極端的心理矛盾，正是當年那些法利塞黨人及經師們所遭遇的厄運。明明耶穌爲了救人而驅魔，他們反誣告祂藉魔王驅魔！

出言干犯人子的罪可赦免，出言干犯聖神的罪永遠不得赦免！什麼樣的罪稱是得罪人子，因此可以赦免？什麼樣的罪又是冒犯聖神，因此永遠不得赦免？當年聖熱羅尼莫曾巧妙地替耶穌回答了這個問題：「出言反對人子的人，是因為我的肉體而跌倒，雖然不無罪過，但都可以赦免，因為那是出於肉身的軟弱。但是那些清清楚楚看見天主作爲的人，無法否認這種神力的人，竟出於嫉妒而誹謗天主，把聖神的作爲歸元於「魔王貝耳則步」的人這種人是無法赦免的。」

之所以無法赦免，因為他們昧著良心，明明是耶穌靠天主大能驅魔，他

們卻誹謗這是魔鬼的事，如此善惡不分且至死不悟，不知悔改當然就沒有寬恕赦免的可能，即使天主無限的慈悲也已無計可施！人生一世誰能無過，過而能改善莫大矣，只有那些至死不悔的人，才是最可憐的人。

最後，瑪竇用了一個「善樹結善果、惡樹結惡果」的比喻，結束了這段話。種瓜得瓜種豆得豆，本是萬物最基本的因果律，因此耶穌終於責備法利塞人說：「毒蛇的種類啊！你們既是惡的，怎能說出善來？因為心理充滿什麼，口裡就說什麼。善人從善庫裡取出善來；惡人從惡庫裡取出惡來。但我告訴你們：人所說的每句廢話，在審判之日，都要交帳，因為憑你的話，要定你爲義人，也憑你的話，要定你爲罪人。」(瑪十二 33~37) 若每句廢話，來日在審判時都得交帳，更何況是那些人惡意誹謗，他們又當如何交待！

好樹好果的比喻，瑪竇早在第七章內就已提過。那時，耶穌曾警告祂的門徒，當提防那些言行不符的假善人，他們掛羊頭賣狗肉，外披羊皮，內心卻是一隻兇殘的豺狼。因此耶穌告訴他們，可從這些偽君子的果實中來辨別真偽：「荆棘上豈能收到葡萄？或者蒺藜上豈能收到無花果？壞樹既不能結好果子，凡不結好果子的樹，必要砍倒，投入火中！」(瑪七 15、19)

在這段福音對我們有什麼關係？首先，我們千萬不可昧著良心說話或行事。天主給每個人一顆良心，它有監督及鼓勵的作用。但經驗告訴我們，這顆良心也很脆弱，每當我們想犯罪作惡時，我們的良心可能會強力反抗，但若我們充耳不聞，久而久之，良心的呼聲將漸趨衰弱，最後甚至完全消失。那時，我們也可能變得像法利塞人一樣，不但善惡不分，甚至做了惡事還沾沾自喜，自以爲是，喪盡天良。那時我們要千萬當心，因為良心一旦被泯沒，悔改之心也將不翼而飛，不知悔改，正像那些不結善果的樹一樣，早晚將被砍掉投入火中去燃燒。