

Theme Sharing

23rd Sunday in Ordinary Time

Where the buck stops

In recent years, disclosures about pedophile priests have shocked and dismayed many Catholics. Old priests with long experience of dealing with sinners and their sins, with all their sordidness, were known to have broken down and wept. That a fellow-priest betrayed his sacred trust with the most innocent of all victims, a child, was beyond their comprehension. What angered people most of all was that his superiors knew about his child abuse aberration for years. How many victims might have been spared had those superiors removed him from ministry. This issue is clearly linked to today's gospel where Christ said to his disciples: "If your brother does something wrong, go and have it out with him alone, between your two selves. If he listens to you, you have won back your brother." Then there is a further process if he does not listen, and finally, "if he refuses to listen to the community, treat him like a pagan or a tax collector." One wonders whether Christ had anything as heinous as child-abuse by a disciple in mind, when he gave them those practical instructions.

Ironically some who preach against permissiveness can be guilty of its grossest forms. Permissiveness, with its tragic consequences, is symptomatic of our times. From bishops to bosses, politicians to policemen, parents to teachers, "passing the buck" is rampant. We want the privileges of power without its burdens. We shy away from problems, cast a blind eye, shirk the responsibility to speak out. And when the scandal leaks out we want to claim we didn't know. But such ignorance is rejected in Ezekiel where the Lord says: "I have appointed you as sentry to the House of Israel." And he went on to state plainly: "If you do not warn the wicked man to renounce his ways, then I will hold you responsible." American President Harry Truman had a card on his desk in the White House declaring in bold capitals THE BUCK STOPS HERE!, "The buck stops here." This message would fit in any office where people are "their brother's keepers." But nowhere would it fit better nowadays than on the kitchen mantelpiece, with its four simple words pointing straight at us like an accusing finger. For people with others in their

care, the main task is not to be popular but to be of help. And we help most by accepting our responsibility.

Exaltation of the Holy Cross Feast September 14

Celebrated on September 14 each year. According to legend, on September 14 in the year 320 AD, the mother of Emperor Constantine, Saint Helena found the Lord's holy cross in Jerusalem; In 335 AD, in Jerusalem, in the place where Jesus was crucified, two cathedrals were built: The Cross Church, and The Resurrection Church; Dedication ceremony was held on September 13. On the next day, the Lord's holy cross was exhibited in the church, for public veneration. These stories became the source of this feast. The special prayers for this day's Mass concentrate on the mystery of the Cross: Christ died on the cross, and thus brought us eternal salvation.

Diocese & Other News

Celebrate the Season of Creation - Blessing of the Animals

Animals are our companions here on Earth, whether they are our pets, domesticated livestock or wild creatures. We receive so much from them: comfort, labour, food, clothing, as well as protection and wonder. All creatures - great and small reveal God's loving presence. Join us at St. Joseph's Parish (640 19th Avenue NW) for the Blessing of Animals, September 23rd at 10:30am. All beloved animals are welcome! Call Marilou at 403-218-5519.

Parish Activities

Emergency Relief Aid For Flood Victims In Texas And Asia

Catholic Charities and the Society of St. Vincent de Paul in the Archdiocese of Galveston/Houston will be providing direct long-term assistance and case management services to victims displaced in flood in Texas. In Asia, Caritas organizations are responding to the needs in India, Nepal and Bangladesh by providing food, clean drinking water, and shelter. Emergency relief is also focused on preventing the spread of waterborne disease by delivering health, hygiene and sanitation support.

- Parishioners can donate cash or make your cheque payable to OLPH, and earmarked

"Hurricane Harvey or South Asia Floods" put it in an envelope (with your Sunday collection envelope number OR name and address marked) and drop it into the Sunday Mass collection basket. The amount will be added to your year-end donation tax receipt issued by the parish.

- by sending a cheque payable to the RC Diocese of Calgary, earmarked "Hurricane Harvey or South Asia Floods" and sent to the Pastoral Centre at 120 17th Ave S.W., Calgary, AB T2S 2T2

For more information and to donate visit www.calgarydiocese.ca and click on "Donate".

May God bless you abundantly for your generosity and compassion!

Marian Devotion Mass

Tuesday 6:30 pm English Marian Devotion Mass will be resumed on September 12.

Cardinal Joseph Zen (陳日君樞機) visit Calgary

Emeritus Cardinal Joseph Zen (陳日君樞機) from Hong Kong will visit Calgary on September 13, 2017. He will preside a Mass at 3:30pm at OLPH Church; after Mass at 5:00pm, he will give a talk on "The latest relationship between Vatican and China". At 6:30pm a buffet dinner will be held at upper hall of OLPH Church. Ticket price is \$15 per head. Everyone is welcome.

Safety driving and parking in OLPH

Summer vacation is finishing and the Sunday school will soon resume. Please be aware the safety of yourself and other parishioners, drive with care within the prescient of the OLPH, preferably at a speed of 10 kph. When using the parking lots, please park your car within the designated parking space and be considerate for other users. Thank you for your kind attention and co-operations.

Breakfast Corner and Movie

Afternoon

Date: September 24 (Sunday)

Place: OLPH Upper Hall

Sponsor: Queen of China Club

Breakfast including rice vermicelli in soup with assorted meatballs & fish balls, Chinese flavoured tea egg after 10:00am and 11:30am mass, complimentary muffins and drinks after 8:30am mass.

Breakfast ticket is \$5 each, sale at Church main entrance.

Movie is free of charge. Join us in this event of food, socializing, and faith sharing.

Movie Afternoon – 1:00pm to 3:30 pm.

“Francisco - El Padre Jorge” (Pope Francis) – Movie language is Spanish (Chinese Subtitle) adapted from the best-selling novel “Franciscans: life and reform”. This is a biography of the present Pope Francis, which created an unprecedented legend of the Holy See and embraced civilians.

OLPH Parish Pastoral Council (PPC) Annual General Meeting

(AGM) will be held on Sunday, Oct 29, 2017 at 1:00pm at the Upper Hall. All parishioners are welcome to join. A light lunch will be served.

The AGM is an excellent opportunity to meet the PPC members, find out the 2017 activities of all the other Parish Groups, and the upcoming plans in 2018 for Our Lady of Perpetual Help Church.

OLPH Parish Pastoral Council Election of Lay Councilors

The OLPH Parish Pastoral Council is made up of the Pastor, Deacons and twelve lay members. The terms of office for 4 of these lay councilors will expire at the end of this year. Pursuant to Article 14 of the Council's Constitution,

Fr. Nguyen and the Council decided at its recent meeting that a general election be held on Sunday, October 29, 2017.

Nominations Forms to fill these positions are now available at both the side entrance and the back of the church.

Article 4.2 of the Council's Constitution, which sets out the requirements of council membership (lay councilor), states as follows:

“Any member of the parish who satisfies the following requirements is eligible for appointment as a lay councilor. For the effective discharge of the Council's mandate, a parishioner wishing to serve on the Council must be:

- registered with the parish as a parishioner;
- over the age of 18;
- a practicing Catholic and active in the parish;
- willing to serve on the council at least for a full term of two

year;

- comfortable to work with his peers as a team and not be self-seeking;
- willing to attend, and contribute to, the meetings of the Council and its committees; and
- willing to attend training sessions, camps or programs intended for his or her spiritual or management development.”

Parish groups may nominate their members to stand for election. A parishioner may “self-nominate”, or nominate another parishioner as a lay councilor to the Council. Keeping in mind the above requirements, please nominate the best people to serve on the Council, so that the parish can continue the mission of Jesus, and help each of its members to achieve the fullness of one's Christian vocation through holiness or spirituality, community and ministry. Please note that a written Consent from the nominee is required. The duly completed Nomination/Consent Form must be submitted to the Parish Office under confidential cover by Friday, September 29. A copy of the Council's Constitution and its Bylaws is placed on the Notice Board at the back of the church for general information. The documents are also available on the parish website: www.myolph.org. For further enquiries, please call OLPH Parish Secretary (403-265-7926) or Michael Chu (403-630-6080).

RCIA Adult Catechumenate Class – New Class Notice

The 2017 adult Catechumenate classes are now accepting new applications for enrollment. Any interested party, or adult Catholics who have not yet received the Sacrament of Confirmation, or Christians from other ecclesial communities considering to join the Catholic Church, please contact :

- The parish office 403-265-7926, or
- Joseph Yip 403-547-0618 (in the evening).

They may also pick up a ‘RCIA Adult Catechumenate Class Application Form’ at the Church entrances, complete it and return to the parish office.

All parishioners are earnestly encouraged to play their role in evangelization and invite their friends.

Together in Action 2017

The theme this year is:

“Blessed are the merciful, for they will obtain MERCY.” (Matthew 5:7)”

Our parish's target is \$22,607 as designated by the Diocese. As of June 14, our campaign has received a total of \$28,231.41. We plead for your ongoing support. Let's give sacrificially, act out our faith, and join Together in Action

Weekly Activities

Wed Sept 13

OLPH Senior Centre

Time: 9:00a.m.-12:00 noon

Place: OLPH Church Upper Hall

Cardinal Zen

Mass: 3:30pm

Talk: 5:00pm

Buffet dinner: 6:30pm

Fri Sept 15

OLPH Senior Centre

Time: 9:00a.m.-12:00 noon

Place: OLPH Church Upper Hall

OLPH Scout

Time: 6:30pm.-8:30pm

Place: Upper Hall & Lower Hall

Faith Sharing Group (Sacred Heart)

Time: 7:30p.m.-10:00p.m.

Contact: Doris Ho 403-271-6884

Sat Sept 16

Legion of Mary (meeting)

Time: 9:45 a.m.

Place: K of C Room at OLPH Church

Tai Chi Lesson

Time: 10:00 a.m. - 12:30p.m.

Place: OLPH Church Lower Hall

Yoga beginner class

Time: 11:30 a.m. - 12:45p.m.

Place: OLPH Church Upper Hall

R. C.I.A (Mandarin)

Time: 3:00 p.m. - 5:00p.m.

Place: K of C Room

Young Adults choir practice

Time: 5:00p.m.-7:00p.m.

Place: OLPH Upper Hall

Sun Sept 17

R. C.I.A (Cantonese and English)

Time: 9:30 a.m. - 12:30 p.m.

Place: OLPH Church Lower Hall

Sunday School

Time: 10:00a.m.-12:30p.m.

Place: OLPH Church Office Building

Catholic Family Fellowship meeting

Time: 12:30p.m.-3:00p.m.

Place: OLPH Upper Hall

Faith Sharing Stories

Test of Faith

This is a true story told by one of the first missionaries to enter Russia:
In Russia before the Berlin Wall came down and freedom to worship freely was against the law, many Christians were forced to get together in secret to worship the Lord. One group of Christians were gathered together in a simple house studying the Bible when suddenly the door was thrown open violently and three Russian soldiers burst in with rifles. One of the soldiers bellowed out that anyone who wasn't a Christian could leave immediately but anyone who had come to worship God should stay.
After a moment of silence many of the people filed out of the house leaving a few people behind. One of the soldiers closed the door behind them and locked it, then the soldiers all put down the rifles and explained to the remaining few that they also were Christians but they only wanted to worship with true believers. Could you pass such a test of your faith?

Read More Know More

World Day of prayer For The Care of Creation

Mercy to our Common Home

1. The earth cries out ...
Global warming continues, due in part to human activity: 2015 was the warmest year on record, and 2016 will likely be warmer still. This is leading to ever more severe droughts, floods, fires and extreme weather events.
2. ... for we have sinned
God gave us the earth "
For human beings... to destroy the biological diversity of God's creation; for human beings to degrade the integrity of the earth by causing changes in its climate, by stripping the earth of its natural forests or destroying its wetlands; for human beings to contaminate the earth's waters, its land, its air, and its life – these are sins." Further, "to commit a crime against the natural world is a sin against ourselves and a sin against God." 3. An examination of conscience and repentance
The first step in this process is always an examination of conscience, which involves "gratitude and gratuitousness, a recognition

that the world is God's loving gift, and that we are called quietly to imitate his generosity in self-sacrifice and good works... It also entails a loving awareness that we are not disconnected from the rest of creatures, but joined in a splendid universal communion. As believers, we do not look at the world from without but from within, conscious of the bonds with which the Father has linked us to all beings".

To Be Continued

主日分享

常年期第二十三主日

化解冲突的启示

瑪竇福音講論教會，比其他三部福音詳盡。今日的福音可從教會的角度去看。瑪竇福音編寫時，大概是耶穌復活後幾十年的事。教友人數多了，教會也復雜起來，而且人多很易發生磨擦。如果連兩大宗徒伯多祿和保祿也會意見不合，保祿甚至出口指斥，何況其他教友？今日的福音把基督徒團體發生爭執時的具體解決辦法列出來：

(1) 單獨與對方接觸。當教會內的兄弟與你發生爭執，你經過反省仍覺得錯在對方，耶穌建議你單獨與他接觸，好能糾正他，而不應公開指摘對方。人是要面子的，公開指摘會損害對方的尊嚴。我們糾正別人，主要不是為證明自己是對的，而是希望他能改變，好能“賺得一個兄弟”。公開指摘可能迫使他認錯，但關係從此破壞，到頭來是“失去一個兄弟”。

(2) 帶一兩個兄弟同去與對方洽談。這個方法一方面很合乎猶太人的法律，即在兩三個証人前，証供便可成立，並無冤枉對方之嫌；另一方面亦合乎人與人之間相處的心理要求。因為爭執過後，彼此不免心存芥蒂；如果有一兩位保持中立、有聲望、受人尊敬的人作緩沖，會令雙方較易重新開放自己，達致修和。

(3) 請求教會幫助修和。當兩三個人勸解也不成功，則可以將事件交給一個權威性的團體——教會當局來處理。教會作為一個信仰團體，與一般純法律性的機構，祇憑法律來判斷截然不同。教會在判斷的時候，除了呼

求聖神啓示外，還用祈禱，用愛心去分辨。純用法律可能失諸冷酷無情，未能將慈悲放在公義之上。每個教區都設有調解仲裁小組，幫助教內人士處理紛爭，就是從今日福音取得啓示。

(4) 如果連教會的調停也不聽，則把他們當作外邦人或稅吏。外邦人或稅吏是猶太人認為不潔的人，是罪人，故此不相往來。應用於現代社會，有開除教籍之意。但開除教籍的主要目的，是希望有關人士悔過，好能重回教會大家庭的懷抱。不過這種解釋似有貶低外邦人及稅吏之意，與耶穌平時和外邦人及稅吏交往不合。這裡的意思可以是：假如連教會的調停也不聽，不要失望，一如耶穌對外邦人及稅吏沒有失望一樣。對這些人要採取特別措施，要有耐心，並且同心合意去為他們祈禱，天父會成全這些人的禱告。

經驗告訴我們，我們愈是投身教會，便愈多機會和教會內的兄弟姊妹磨擦。採取“保持距離，以策安全”的做法是很消極的。在服務期間碰到釘子便立刻抽身離開，可能是魔鬼最想見到的結果。現代都市生活繁忙，願意在堂區服務的，基本上對教會有一份愛心。祇要常記著人是有限的，資源是有限的，人對事物的了解也是有限的，故此需要彼此互諒互讓。倘若冲突仍不幸發生了，嘗試以今日福音啓示的精神去處理它。能成為傳達信仰與看見愛的地方。

光榮十字架節 九月十四日

在每年 9 月 14 日慶祝。據傳說，君士坦丁皇帝之母聖婦赫肋納公元 320 年 9 月 14 日在耶路撒冷找到了主的十字架；公元 335 年在耶路撒冷耶穌受難的地方建了兩座大教堂：十字架與復活堂；9 月 13 日舉行了聖堂奉獻禮，次日在聖堂中展示了主的十字架，供教友敬拜。這些事跡成了本瞻禮的來源。本日彌撒的專用經文多集中於十字架的奧跡：基督死在十字架上，並由此為我們帶來了永遠的救恩。

反思：
十字架在我們生活中，我們經常會遇

到，有時我們都感到不知所措，有時也令我們感到百般無奈。作為基督徒，十字架為我們就別具意義。因為這個刑具成為我們信仰中的核心，同樣十字架也是一個讓我們經驗到天主慈愛的地方。

在每天背十字架的經驗，讓我體會到自己的軟弱；同樣十字架讓我經驗到天主與我同行和對我的不離不棄。生命中我們都有一個天主為我們準備的十字架，我們又有勇氣擁抱它嗎？祈禱：主，你拯救一切轉向你的人。請你救贖我們，使我們能夠歸向你。

堂區活動

德克薩斯和亞洲的洪災受害者緊急救援

天主教慈善機構和 St. Vincent de Paul 在 Galveston/Houston 的大主教管區將為在德克薩斯州洪水流離失所的受難者提供直接的長期援助和服務。在亞洲，明愛組織通過提供食物，清潔的飲用水和住所來幫助印度，尼泊爾和孟加拉國的需求。緊急救援工作還著重於通過提供衛生的設備來防止水源性疾病的蔓延。

捐款方法：

—請以現金或支票抬頭“OLPH”，附註“Hurricane Harvey 或 South Asia Floods”，放入信封內（請寫上捐獻信封號碼，或姓名及地址），然後放進主日奉獻籃內。捐款數目將加入堂區發給你的年終捐獻報稅收條總額內。

—直接寄支票到教區中心，支票抬頭“RC Diocese of Calgary”

附註“Hurricane Harvey 或 South Asia Floods”地址：120 17th Ave S.W., Calgary, AB. T2S 2T2

多謝大家慷慨解囊，主佑！

星期二黃昏敬禮永援聖母彌撒

將於九月十二日六時三十分照以往時間舉行。

香港榮休主教陳日君樞機蒞臨本堂

香港榮休主教陳日君樞機將於九月十三日蒞臨本堂。是日下午三時三十分奉獻彌撒；五時有簡短講座；晚上六時三十分在本堂上禮堂晚宴。席券每

位十五元，彌撒後可到正門購票。詳情可致電堂區辦事處或致電 Simon Lau 查詢。

溫馨提示：安全駕駛及停泊車輛

暑假即將結束，主日學接著復課，請各位車輛駕駛者在聖堂停車場範圍內將車速減慢，不超過每小時十公里 (10kph) 為宜，小心駕駛，以策安全。如需要停泊車輛，請停放在已劃定車位或指定範圍內，並希能為其他使用者考慮切勿隨意停放，多謝合作。

早餐交流會及電影欣賞

日期：9月24日(星期日)

地點：永援聖母堂上禮堂

贊助善會：聖母會

早餐交流會 - 10時，11時30分彌撒後有早餐供應；8時30分彌撒後免費茶水及 muffin。

早餐包括四寶湯米粉壹碗及茶葉蛋壹隻。

早餐票每位5元，可於各主日在教堂正面入口購票。聚會將包括有美食、生活交談及信仰分享

電影欣賞 - 《平民教宗方濟各》(中文字幕)下午1時至3時30分(免費)現任教宗方濟各的人生故事以及他一路成為教宗之路的心路歷程，根據採訪寫成小說而拍成電影。

永援聖母堂堂區牧民議會週年大會

堂區牧民議會週年大會將於十月二十九日下午一時於上禮堂舉行，當天將有簡便午餐供應，歡迎所有教友參加。

成人慕道班新班報名

2017 新一屆成人慕道班現正接受報名。有興趣者，或已領洗但仍未領受堅振聖事的成人教友，或正考慮加入天主教會的任何基督徒團體人士，皆請聯絡堂區辦事處 403-265-7926 或 Joseph Yip 403-547-0618 (晚間) 亦可在教堂入口處索取「成人慕道班申請表」，填妥後交回堂區辦事處。期盼教友能善盡本份，熱心介紹親友參加，為傳福音出一分力。

永援聖母堂堂區牧民委員會

平信徒堂委選舉

本堂堂區牧民委員會（以下簡稱『堂委會』）現由主任司鐸，執事，及十二名平信徒（以下簡稱『堂委』）組成；其中四名堂委的任期將於年底任滿。根據堂委會會章第十四章，阮神父聯同堂委會在週前的會議中，議決在本年十月二十九日(星期日)，舉行堂委大選。本堂現在開始接受堂委提名，提名表格可在聖堂側門入口處或聖堂後面索取。

會章第4.2節說明作為一個堂委所需具備的條件，現轉載如下：

『任何符合以下條件的堂區信友都有資格被任命為堂委。為了有效地完成堂委會的使命，有意服務堂委會的堂區信友必需是：

已在本堂區註冊的信友

年齡滿18歲

實踐信仰而且活躍於本堂區的天主教徒

願意完成堂委會兩年的任期

不標榜自我，認同團隊精神，樂意與其他堂委合作共襄事工

願意出席及服務堂委會及屬下小組

願意出席於目標在於拓展牧靈及行政管理的訓練班，訓練營，或訓練課程。』

堂區各善會單位可提名會員參選成為堂委；堂區教友亦可自我提名，或提名另一教友參選。請提名最符合上述條件的堂區教友，參選堂委。使堂區能繼承基督的使命，從靈，聖，公和義方面，幫助每一位成員，去完成基督徒各自的使命。

所有被提名者即(參選人)必須簽署參選同意書。填妥的提名表格及參選同意書，應最遲於本年九月二十九日(星期五)，以密件方式交回堂區辦事處。教友可在聖堂後面佈告版，或上網堂區網頁(www.myolph.org)，參閱堂委會會章及則例。如有任何查詢，請致電堂區辦事處秘書

(403-265-7926)，或堂委會主席朱樂安(403-630-6080)。

2017 教區公益金，齊來獻愛心

2017 年教區 TIA 籌款的主題為：『憐憫人的人是有福的，因為他們要受憐憫。』瑪竇福音：第五章七節

本堂所須籌募的數目為教區指定的

22,607 元，截至 6 月 14 日，捐款已累積至 28,231.41 元。

懇請各位教友繼續支持，慷慨解囊！

活動一週

星期三 9 月 13 日

永援聖母松柏軒

時間：上午 9 時至正午 12 時

地點：永援聖母堂上禮堂

陳日君樞機

時間：下午 3 時 30 分奉獻彌撒；
5 時有簡短講座；晚上 6 時
30 分上禮堂晚宴。

星期五 9 月 15 日

永援聖母松柏軒

時間：上午 9 時至正午 12 時

地點：永援聖母堂上禮堂

永援聖母堂童軍

時間：晚上 6 時 30 分至 8 時 30 分

地點：永援聖母堂上禮堂及下禮堂

信仰小團體 (Sacred Heart)

時間：晚上 7 時 30 分至 10 時

聯絡：Doris Ho 403-271-6884

星期六 9 月 16 日

聖母軍

(聖母軍聖母無玷聖心支團)

時間：9 時 45 分(開會)

地點：聖堂二樓騎士會室

楊式太極班

時間：上午 10 時至 12 時 30 分

地點：永援聖母堂下禮堂

瑜珈初班

時間上午 11 時 30 分至 12 時 45 分

地點：永援聖母堂上禮堂

成人慕道班 (國語)

時間：下午 3 時至 5 時

地點：聖堂二樓騎士會室

大專青年團練習聖詩

時間：下午 5 時至 7 時

地點：永援聖母堂上禮堂

星期日 9 月 17 日

成人慕道班(粵語及英語)

時間上午 9 時 30 分至 12 時 30 分

地點：永援聖母堂下禮堂

主日學

時間：上午 10 時至 12 時 30 分

地點：寫字樓大廈，聖堂騎士會室

公教家庭開會

時間：下午 12 時 30 分至 3 時

地點：永援聖母堂上禮堂

靈修小故事

小孩的眼睛

這是個陽光普照的好日子。

一位爸爸一早起來，看見天色如此美好，就興高采烈的帶著小孩去海邊看海。站在海灘上，一眼望去，遠處帆船點點，海天一色，真是美極了。尤其海水一股股的湧至，激浪成花，煞是美麗。這位爸爸正陶醉在此人間美景時，低頭看了一下小孩。沒想到，小孩竟是滿臉恐懼、愁容戚戚的模樣；不一會兒，小孩就放聲嚎陶大哭了起來。爸爸滿臉訝異的蹲下去安撫小孩。這才瞧見，遠處大浪湧來，狀似要將自己吞噬一般，不由得往後驚退。自己看到的大海，是如此的絢麗壯觀；而小孩看到的大海，卻是如此的恐怖！

這則小故事啟發我們：不要只從自己的角度去看事情；而要有易地而處的心，設想別人的處境和感受，這樣看事情才能客觀和全面。

知多一點點

照料受造界祈禱日-慈悲對待我們的共同家園

一、大地在呼喊

地球不斷升溫，部分原因出自人類活動：2015 年是有史以來最熱的一年；2016 年可能還會更熱。這種現象導致乾旱、水災、火災，以及越來越嚴重的極端氣候事件。

二、因為我們犯了罪

天主賜給我們大地，人類危害大地的完整性並助長氣候變化，掠奪大地的自然森林或摧毀它的濕地；人類污染水源、土壤、空氣：這一切都是「在犯罪」。事實上，「破壞大自然的罪行就是損害我們自己和違抗天主的罪行」。

三、良心省察及悔改

在生態皈依的道路上前行，首先需要進行良心省察，學會「感恩和施予，承認世界是天主愛的恩賜，因而樂於自我犧牲並慷慨好施...。皈依也需要以愛心意識到，我們並未與其它受造物脫離關係，而是與它們組成一個絕

妙的宇宙共融。身為信徒，我們並非從外，而是從內觀看世界，認出天父將我們與萬物相連的紐帶」。 待續